



# MUSCLEANOUS COLUMN

BY DAVID F. GENTLE

## History of Physical Culture

DavidGentle.com

### Announcement & Preamble



I openly admit I first stole the idea of a general mixed muscle news column about half a century ago from my hero Earle E. Liederman and his "Let's Gossip" essays. The first time I came across the heading **Muscleanous**, was from the writings of my dear departed friend, the guy with shoulders wider than **Arnold S.**, e.g. **Reub Martin**, herculean hand balancer and wit. Unable to think of a better title I began an offering years ago and kept it going until the recent apparent demise of **Health and Strength** and last owner **Rob Feesey**.

Addicted to joined up writing, Diane Robert kindly let me continue the column in our own web site, [www.DavidGentle.com](http://www.DavidGentle.com).

The gossip and news column only works, because my readers carry and support me with their correspondence news, views, cuttings, photos, opinions and yes even the occasional joke. I want your club champions photos to print and give the oxygen of publicity.

### Readership Contributions

- Bodybuilder or strength related obituary.
- Training idea or problem.
- Complaint, amusing muscle cartoon, feats of strength, anything related to bodybuilding ancient or modern.

- Invitation to Laurie Smith from OZ to send in Tarzan cuttings or news of faraway old movie stars who used weights.
- If you want to know about your Granddad when he was a muscle man, ask me.

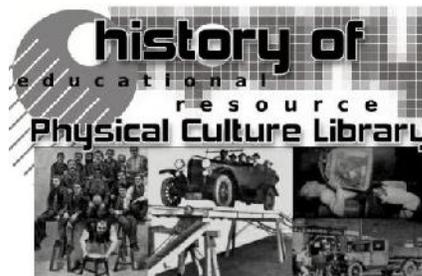
I will bind everything together with bad jokes and some of my own opinions and we have a column.... it's your column.

**Please email your submissions to David Gentle c/o of Diane at the HOPC [drobert@davidgentle.com](mailto:drobert@davidgentle.com)**

You will find two last instalments once meant for Health and Strength followed soon by up to date current events. email Diane, get involved and we will get cracking.

Thank you in anticipation!  
David Gentle.....for HOPC.

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